

# Fingal Community Facilities Newsletter



WITH SUPPORT FROM  
Comhairle Contae  
Fhine Gall  
Fingal County  
Council



## Inside this issue

- Spotlight on Tyrellstown Community Centre
- This month's events, and Event Highlights
- Mental Health Ireland - *Hello, How are You?*
- Items of interest/ Fingal County Council Development Office
- Funding



**Tyrrelstown**  
community centre

## Facilities

---

- Large sports hall
- Meeting Rooms
- Childcare Facility
- Dance Studio
- Youth Room
- Braille Signage

## Activities

---

- Adult education & Fitness
- Art & Craft
- Birthday Parties
- Childcare & Youth Club
- Community Events
- Dance & Drama
- Sport, Health & Wellbeing



Tyrrelstown Community Centre is open to the public seven days a week depending on demand. We always support new groups to help them be a success. We want the centre to be positive place for the community allowing everyone to take part in:

- sport
- leisure
- community development
- educational and recreational activities

For more information, feel free to call or visit and we will give you a timetable and show you how to book-in for activities. We always welcome new people.



eCollege offer further education and training available to all, funded by SOLAS, with the aim of enhancing your skills and assisting towards career growth.

Courses are free to those over 18, with all training available and details to register found on the [eCollege webpage](#)


### Action for Happiness

*Mulhuddart Community Centre*

This 6-week course has been developed by Action for Happiness, drawing on the wisdom of experts across many fields to cover the practical habits of living a happier life and spreading happiness to others

Limited places so register soon!

 17 Every Thursday from 18 June

 6pm

[See here for more info and to register](#)

**ACTION FOR HAPPINESS**

**COMING SOON:**  
**'Action for Happiness'**  
**6 Weeks Evening Course**

June - July 2026

WED	THU	
1	Thursday, June 18, 2026 6:00 PM	Week 1: Gratitude
2	Thursday, June 25, 2026 6:00 PM	Week 2: Self-Care
3	Thursday, July 02, 2026 6:00 PM	Week 3: Relationships
4	Thursday, July 09, 2026 6:00 PM	Week 4: Resilience
5	Thursday, July 16, 2026 6:00 PM	Week 5: Kindness
6	Wednesday, July 22, 2026 6:00 PM	Week 6: Meaning



Limited  
so, regi

→ REGISTER TODAY:

[actionforhappiness.org/course/happiness-1](https://actionforhappiness.org/course/happiness-1)

 6 Evenings 6pm to 8pm over:     5 Thursdays : 18th June onwards     Final night Wednesday 22nd July

**COMMUNICATION WORKS**  
FOR THOSE WHO WORK AT IT.

Build confidence. Practice public speaking.  
Connect with your community.

**Toastmasters inspired**  
**COMMUNITY**  
PUBLIC SPEAKING CLUB

- ✓ Grow as a speaker.
- ✓ No experience needed.
- ✓ No special preparation needed.
- ✓ We will share simple public speaking tips and practice together.
- ✓ You can bring a short talk on any topic you like.
- ✓ Everyone is welcome to explore.

**DROP IN AND TRY IT OUT.**  
No registration needed.

**Mulhuddart Community Centre**  
Church Rd, Mulhuddart,  
Dublin 15, D15 R2VF

**WHEN WE MEET**

MONDAY	6:00 PM
SATURDAY	10:00 AM

Every week

For more information (if needed):  
[public.speaking.mulhuddart@outlook.com](mailto:public.speaking.mulhuddart@outlook.com)

## Public Speaking Club

*Mulhuddart Community Centre*

Grow as a speaker. No experience or special preparation needed. We will share simple public speaking tips and practice together.

Drop in and try. No registration needed. Limited places so register soon!

17 <sup>July</sup> Monday, 6pm

17 <sup>July</sup> Saturday, 10am

For more information email:

[public.speaking.mulhuddart@outlook.com](mailto:public.speaking.mulhuddart@outlook.com)

## THIS MONTH'S EVENTS



Wednesday, 1 July to Wednesday, 8 July

### Castleknock Music Festival

Castleknock

The Castleknock Music Festival continues to bring outstanding live music to the heart of Fingal, promising a vibrant mix of concerts and special events designed to be enjoyed by everyone

**From 09:00 to 17:00**



Friday, 31 July to Monday, 3 August

### Rush Harbour Festival & Air Display

Rush

Free entry at North Beach for breathtaking aerial displays, live music, and artisan food. No funfair—just pure aviation thrills and coastal heritage.

**From 09:00 to 20:00**

## THIS MONTH'S EVENTS



**Saturday, 4 July to Sunday, 5 July**

### **Flavours of Fingal**

Newbridge House and Farm, Donabate

Fingal County Council much loved flagship event, Flavours of Fingal is back once again with a stronger focus to be a more family friendly atmosphere in Newbridge House and Farm. This year, festival goers can still revel in the charm of the farmers' field, breathtaking equestrian displays, and the ever-popular free family fun in the paddocks.

With a fresh layout and new highlights, we're bringing even closer connections to local food, live music, and interactive activities. Expect all the fun you know and love—with a refreshed twist that makes the 2026 edition one to remember.

Join us for a celebration of rural, community, tradition, and innovation—bringing Fingal together in a reimagined and unforgettable way!

Please note, while dedicated event buses won't run this year, we encourage using public transport. If driving, book parking early for discounted rates!

**From 11:00 to 18:00**

# CARMICHAEL NETWORK TRAINING

Dear Network Members,

Places are now available for the online Carmichael training for 2026 - [courses overview](#)

This will be limited to two courses per person. For more information on the training provided email [Ciaran.Morgan@fingal.ie](mailto:Ciaran.Morgan@fingal.ie)

You are encouraged to engage with your boards to see if any of the directors would like to avail of courses on this training schedule.

**Carmichael.**



## HELLO, HOW ARE YOU?



*Hello, How Are You?* is a **Mental Health Ireland** campaign which started May 15th about connecting with those around us and engaging in open conversations about mental health.

Join our online Hello training, avail of digital and printable resources and either host or join a Hello event.

Sometimes the smallest gestures make the biggest difference.



**Free SEAI Audit** – SEAI's support scheme for energy audits (SSEA) offers SMEs a €2,000 voucher towards the cost of a high quality energy audit. In most cases, this will cover the total cost of the audit. Application to the scheme is easy, with automatic approval for eligible businesses.

[See here for more information](#)

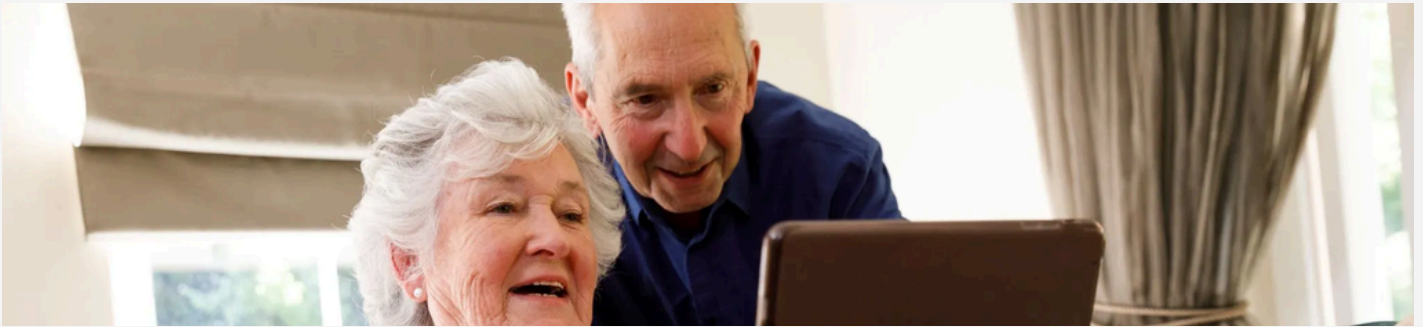
**HSE courses – Free** – These programmes are provided by the HSE National Office for Suicide Prevention (NOSP), as part of its commitments to education and training in Connecting for Life, Ireland's National Strategy to Reduce Suicide (2015-2024). They are scheduled and coordinated locally, by the network of HSE Resource Officers for Suicide Prevention (ROSPs) and in partnership with other training agencies. More information on these programmes is available at [www.nosp.ie/training](http://www.nosp.ie/training).

*Employability : supporting people with disabilities to find or keep a job*

The **Workplace Adaptation Grant** helps employers and self-employed people make necessary changes to their workplace for an employee or future employee with a disability.

Funding of up to €25k is available, and more info can be found [here](#)

It also helps people with disabilities by providing up to €12k for assistive equipment or technology. It's available to employees and self-employed people who need specific tools to do their jobs effectively in the workplace or from home. More info on the equipment grant can be found [here](#)



**Free AI courses** – Get AI skills with short, trusted SOLAS courses that will help you with everyday tasks, funded by the Government of Ireland. Start with the basics or jump straight into using AI for daily life, getting ahead in work, or helping you with admin tasks.

[See here for more information](#)

**Calling all summer camp organisers** – Looking for your perfect location for your summer camp? Mountview Community Centre has all the facilities you need!

We offer a large sports hall, astro pitch, meeting rooms, coffee dock, kitchen facilities and parking.

Book your dates and make a summer kids will remember

Email [mfccampusreception@gmail.com](mailto:mfccampusreception@gmail.com)

Call us on 01 821 8665

Central to the work of the Community Development Office is the development of strong, self-reliant and sustainable communities.

Their role is to support local people through community and voluntary groups to deliver projects and initiatives in their communities.

The office can help groups in a number of ways, including training, information & advice, group development and funding toward community activities.



The Community Development Office provides support to community groups across Fingal County: groups such as residents' groups, Tidy Towns groups, environmental groups and other interest groups. These groups benefit their communities by encouraging integration, inclusion and add to the sense of community which is felt by those living in the area.

Your Community Development Officer will be happy to meet with groups to discuss funding options and other supports available through the Community Development office.

**[Funding Point Local Digest PDF](#)**

## Fingal Sports Equipment Grants

Fingal Sports Office support sports by delivering innovative programmes, providing training, leading and raising the profile of sport in the County while increasing participation in sport and physical activity across the County for all.

Fingal Sports Office is committed to supporting local sports clubs by providing funding opportunities for the acquisition of sports equipment. This booklet outlines the available funding categories, eligibility criteria, application process, and guidelines to assist clubs in enhancing their equipment and promoting sports participation within the community.

Up to €1500 is available for the Essential Sports Equipment Grant

Up to €4000 is available for the Large Sports Equipment Grant

Up to €500 is available for the Sports Activity Grant

[See here for more information](#)

## Heart of the Community Fund 2026

Grants support youth services, elder care, food programs, mental health, and many other local initiatives that promote social inclusion, improve well-being, and strengthen community resilience.

- Supporting all four areas of The Ireland Funds' focus
- Investing in grassroots, community-focused work
- Listening to community leaders to provide flexible funding where it's needed most
- Helping to build capacity or meet core costs

Round 2: Arts and Culture

Will open September 2026

[See here for more information](#)

## **Stelios North–South Business Cooperation Awards**

Inspired by similar award initiatives in Cyprus, Greece and the UK, the Awards recognise entrepreneurs whose ventures bridge the communities of Northern Ireland and the Republic of Ireland.

With a total prize fund of €500,000, the Awards offer both recognition and tangible support to foster innovation, job creation and lasting cooperation. The initiative is part of the Foundation's broader mission to give back to society in places where Sir Stelios Haji-Ioannou and his family have lived and worked.

Deadline: 7 September 2026

[See here for more information](#)