

## Spotlight on... Fingal Liam Rodgers Centre



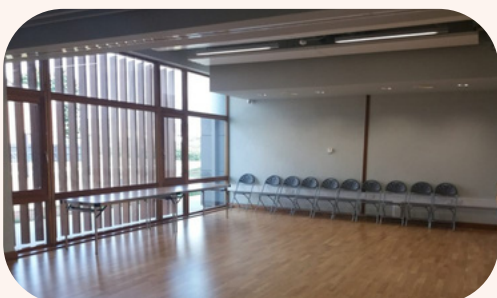
Fingal Liam Rodgers Community Centre is currently relaunching and you can find them in the heart of Kinsealy, Swords, Co Dublin. The Centre is open seven days a week, depending on demand, and can cater for a range of activities. Their mission is to provide a welcoming and safe environment so everyone in the local community can take part in:

- Sport - with a sports hall available to hire on site
- Leisure
- Community Development
- Educational and recreational activities

The Centre has 3 meeting rooms available to hire of various size, which can suit a range of uses from hosting training sessions with adaptable room layout, to more private rooms for one on one interviews or client discussions. All meeting rooms are equipped with a projector and a white board for use.

In addition Fingal Liam Rodgers Centre has free parking on site, equipment storage area, kitchen area with tea/coffee making facilities and private changing rooms to name a few.

If you would like to find out more about the Centre or to make a booking, visit the webpage at <https://fingalliamrodgerscc.ie/> or phone 01 895 6276



**Comhairle Contae  
Fhine Gall**  
Fingal County  
Council





*Connecting Communities*

## **Crosscare - Food Poverty support service**

Crosscare is currently running food support service to help assist families and individuals who need support with dealing with utility providers, housing issues, advocating on their behalf with social welfare and making internal referrals within Crosscare.

Crosscare currently sit in Blanchardstown village one day a week. Please call 01- 891 3022 if you require any further information.



## **Free outdoor exercise programme launched for residents across Fingal**

The Fingal Sports office are running a free 10 week outdoor exercise programme across 15 locations in Fingal. All classes are run by a certified fitness instructor and are open to everyone, regardless of age or fitness level.

Don't miss out on this fantastic opportunity to get fit, have fun, and enjoy the great outdoors. Whether you're a fitness enthusiast or just looking to start a new healthy habit, Fingal ParkFit 2024 has something for you.

\*\* Please note that registration is through the ClubZap App and can only be done via a phone. To download the app go to:

<https://clubzap.com/download> \*\*

For information on all the locations and to register, visit

<https://bit.ly/FingalParkFit2024>



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Fhine Gall**  
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Council



## **Carmichael online training workshops**

The Community Development Office are providing free online training workshops for staff who's Centres are part of the Facilities Network. The full list of courses available, along with dates and times, can be found [here](#) on the Carmichael website.

If you would like to avail of any of these workshops, please email [Ciaran.morgan@fingal.ie](mailto:Ciaran.morgan@fingal.ie) with the attendees full name and chosen session - a link to register will then be sent on.

\*Please note the workshops are non refundable to FCC and are limited to 2 per person to be given on a first come, first serve basis.

**Carmichael.**

Connecting Communities

## Fingal's Age Friendly Strategy: Consultation - have your say

Fingal County Council, in partnership with Fingal Age Friendly Alliance, are preparing an Age Friendly Strategy for Fingal. The purpose of this Strategy is to identify and deliver a range of actions that will support Age Friendly Living in Fingal and enable improvement in all aspects of life. The link to complete the consultation can be found [here](#)

Call 042 9691990 or email [info@mcaconsulting.ie](mailto:info@mcaconsulting.ie) if you would like a hard copy posted to you.



## Age Friendly Strategy- Public Consultations

As part of this Age Friendly Strategy, public consultations will be taking place across Fingal - 6 upcoming event locations are Corduff Community Resource Centre on the 6th of August, Lusk Cultural Centre and Garristown CC on the 7th, Rivervalley CC and Skerries CC on the 8th, along Huntstown CC on the 9th. All details including start times can be found in the adjoining posters



**Fingal Age Friendly Strategy**  
Have your Say!

Are you 55 years of age and over?  
If so, we would like to hear your views on how to ensure Fingal is a great place to grow old

Public Consultations will take place on  
Thursday 8th August 2024:

11.00am Rivervalley Community Centre, Swords  
2.00pm Skerries Community Centre, Dublin Rd, Skerries

Call in, have a chat and let us know your views.



**Fingal Age Friendly Strategy**  
Have your Say!

Are you 55 years of age and over?  
If so, we would like to hear your views on how to ensure Fingal is a great place to grow old

A Public Consultation will take place in  
Huntstown Community Centre  
on  
Friday 9th August 2024  
at  
11.00am

Call in, have a chat and let us know your views.



**Fingal Age Friendly Strategy**  
Have your Say!

Are you 55 years of age and over?  
If so, we would like to hear your views on how to ensure Fingal is a great place to grow old

A Public Consultation will take place in  
Corduff Community Resource Centre, Dublin 15

Tuesday 6th August  
11.00am

Call in, have a chat and let us know your views.



**Fingal Age Friendly Strategy**  
Have your Say!

Are you 55 years of age and over?  
If so, we would like to hear your views on how to ensure Fingal is a great place to grow old

Public Consultations will take place on  
Wednesday 7th August

10.30am : Lusk Community Cultural Centre  
2.00pm : Garristown Community Centre

Call in, have a chat and let us know your views.



## HSE Early Diagnosis of Lung Cancer public awareness campaign - pilot campaign North Dublin

The HSE are piloting a regional early diagnosis of lung cancer public awareness campaign in the North Dublin area.

Lung cancer is the leading cause of cancer death in Ireland, causing over 1,900 deaths annually. Early diagnosis is associated with better cancer survival. 5-year survival for stage 1 lung cancer is 57%, compared to just 4% for stage 4 lung cancer. Dublin North City and County was chosen as the target area for this campaign because it has a higher incidence of lung cancer relative to other parts of the country. The campaign encourages people with a cough for longer than 3 weeks to visit their GP to have it checked.

If you could support this campaign by:

- Displaying Poster in work sites, public areas, waiting rooms and notice boards - poster can be found [here](#)
- Share with your community groups
- Share animation video message on your social media platforms - this can be found [here](#)
- Share with any other relevant work colleagues

The full HSE presentation on the campaign, which is downloadable, can be found on the FCFN website [here](#)



## Webpages and items of interest

Fingal County Council webpage - <https://www.fingal.ie/>

Fingal Community Facilities Network webpage - <https://fingalcommunityfacilitiesnetwork.ie/>

Fingal Volunteer Centre - <https://volunteerfingal.ie/>

Fingal County Council Community and Sport Community Grants and Funding webpage - [https://www.fingal.ie/council/service/community-grants-and-funding\\_](https://www.fingal.ie/council/service/community-grants-and-funding_)

