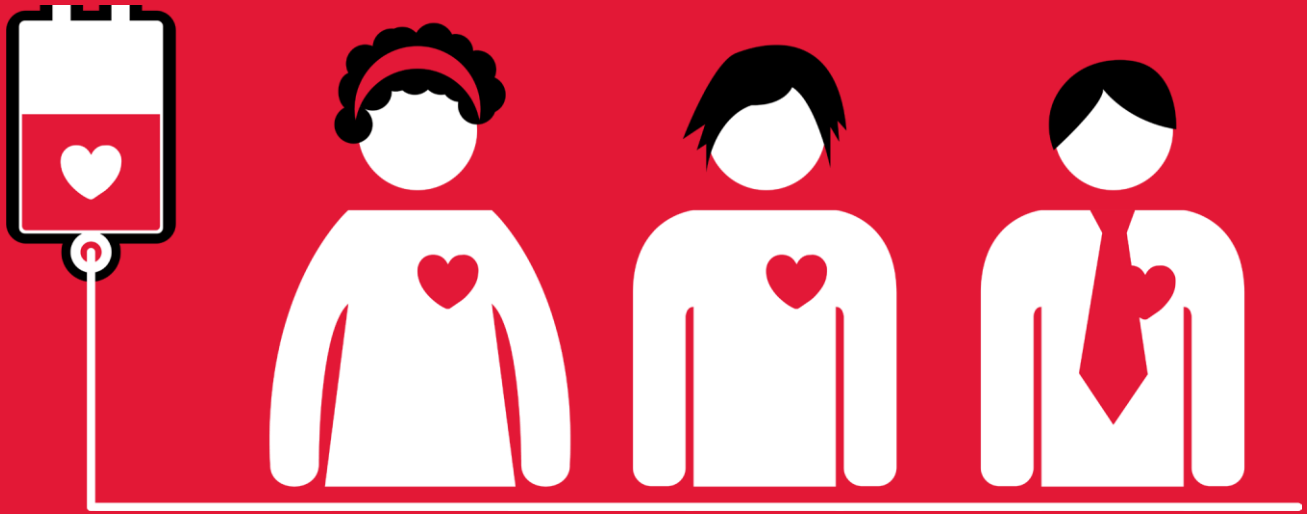# Give blood, save a life!

Ongar Community Centre
Ongar Village

Thursday 02nd February 2023
05:00pm - 08:30pm

Call **1800 731 137** to book an appointment.
Check your **eligibility** at **giveblood.ie**

1 in 4 of us will need a blood transfusion in our lifetime...
...and 1 blood donation can save 3 lives.

giveblood.ie